



Agenda

Introduction

with Amy Hanley from Mind EveryBody.

Speaker 1: Luna Fleming

Luna is a 19 year old college student from Cork. They are an eating disorder sufferer in recovery.

Speaker 2: Amy Hanley (mindeverybody.com)

Amy is a Librarian, and a mother of two teenage daughters. She founded the Mind EveryBody advocacy group in 2023.

Speaker 3: Deirdre Reddan (supportedfamilies.ie)

Deirdre is an Eating Disorder Coach and Mentor and co-founder of Supported Families. She holds an Advanced Diploma in Coaching and a Diploma in Eating Disorders, is a member of the European Coaching and Mentoring Council and the International Association for Eating Disorder Professionals. She is also an Associate Instructor with Youth Mental Health First Aid Ireland.

Speaker 4: Jacinta Hastings (bodywhys.ie)

Jacinta is the CEO of Bodywhys, which is the national Irish Association for eating disorders. Bodywhys' mission is to support people affected by eating disorders.

Speaker 5: Zuzanna Gajowiec (supportedfamilies.ie)

Zuzanna is a Certified Eating Disorder Specialist and Consultant (CEDS-C) Clinical Psychologist and a Family Therapist with a profound dedication to supporting individuals and families on their journey towards healing and recovery. With over a decade of experience in the field, Zuzanna has worked across all levels of care, from residential treatment centers to outpatient settings. She is currently a Clinical Lead in a Residential Eating Disorder Treatment Centre, co-founded Supported Families, and maintains a private practice. She is also the Chapter Chair of Ireland for the International Association of Eating Disorder Professionals (IAEDP).

Speaker 6: Ciara Greene

Ciara is a 34-year old woman with a degree in early childhood care and education. She developed her eating disorder at the age of 10, and will share her experiences and insights of having a long, enduring chronic eating disorder. She will talk about the possibility and hope of a full recovery.

Conclusion

Details of our asks presented by Amy Hanley.

Questions and Answers

Eating Disorder Services:
The Reality of Care and the Urgent Need for Reform
Leinster House – AV Room Briefing – 26/6/2024

It's like I have a crystal ball in my head, and I don't think antidepressants will help you.

You're not even trying. You're taking up a bed someone else could have.

You don't look like you starve yourself.

You don't want to be a supermodel, do you?

You should start smoking weed, because then it might give you the munchies and you will be able to eat.

It's not like you're anorexic and very thin.

Are you watching your weight?

